

# Ladders and Trestles

When performing a short-term job, where using a ladder or trestle can be permitted, you need to choose a product labeled "Bra arbetsmiljöval" (Safe Choice).



**Safe Choice**  
When used near another fall risk, step permit is required.  
Must be labeled Safe Choice.

## Bra arbetsmiljöval (Safe Choice)

3 m

2 m

1 m

Platform height in meters



**Remember to check!**

- Is the product intact?
- Are rivets and screws properly fastened?
- Are slide protection and wheels whole?
- Is the product approved and in its original design?
- Is the product so clean that labels can be read?
- Is slip protection on steps and standing surface in good condition?

Platform  
max 0.5 m.  
Standing area  
at least 600x300  
mm.

Step ladder with stop  
indication on at least 3  
sides, max. 1.25 m.  
Stop indication give a better  
sense of where you stand.  
Wide standing area, at least  
300x250 mm. Check the  
work surface carefully.

Work platform,  
guard rails on at  
least 3 sides, max. 2  
m.  
With stable wide  
platform for plenty of  
space. Check the work  
surface carefully.

Platform ladder with  
protection on 4 sides.  
Falling over 2 meters increa-  
ses the risk of internal da-  
mage. Always use protection  
in all directions. Check the  
work surface carefully.

## Organisation and planning

### When planning the work from a ladder or trestle

- Chose appropriate equipment depending on type of work, working height and method.
- Review current risks and how these should be counteracted. Include appropriate measures in work instruction.
- Apply for ladder permit if necessary depending on chosen method and equipment.
- Contact Skanska's production management for necessary approvals and permits before work commence.

### A ladder permit is required:

- When you need to chose other equipment than those labelled *Safe choice*.
- Regardless of equipment, for work conducted inside a safe distance from other elevated risks of falling, such as edges, joists or from plank platforms. This also applies even if you choose equipment labelled *Safe choice*.

You need to motivate your request for it to be granted by Skanska's production management. They will also define the permit's validity.

## Check the equipment

### Only use undamaged equipment

Remember to always check that the equipment is undamaged before use. All damaged equipment should be discarded or removed for repair and clearly labelled that it is not allowed to be used.

## Safe execution

### General requirements for chosen equipment

- Only approved/labeled products equipped with anti-slip protection and/or otherwise secured against accidental movement may be used.
- Stand-alone products must be equipped so that they can be locked in extended position.
- Products must be equipped with non-slip steps.
- Maximum weight 15 kg if the product is to be carried, otherwise it should be able to be moved in other ways.
- Maximum length of leaning ladder is 5 m. (ladder permit required)

NOTE! Aluminium/fiberglass products are approved for regular electrical work only. When working with high voltage, for example with switchgears, special procedures and other equipment are required.



Safe distance to the edge when working from a 2-step trestle is 1.5 m. For leaning ladder or step ladder is the safety distance the same as the standing height (min. 1.5 m).